Study program: Integrated academic studies in medicine

Type and level of the study program: integrated academic studies

Course title: Medical psychology (M3-MPSY)

Teacher: Golubović T. Boris, Živanović V. Olga, Ivanović Kovačević M. Svetlana, Knežević A. Vladimir, Nedić J. Aleksandra

Course status: compulsory

ECTS Credits: 3

Condition: Medical ethics and sociology

Course aim

Students will learn about the unique biopsychosocial being of humans, different reactions of diseased person to disease, as well as different interactions of physicians / health professionals and patients.

Expected outcome of the course:

Students will learn about biopsychosocial uniqueness of humans; personality development and structure; mental and defence mechanisms; reaction of the sick to the disease; psychological aspects of treatment of various diseases; the role of physician / health professionals; desirable relation of physician / health professionals with patients and their nearest relatives and environment.

Through active participation of students in workshops and practical classes, students will be able to communicate with different patient categories (regarding age, disease condition, etc.); manage various psychological situations during their professional career and cope with them.

Course description

Theoretical education

- 1. The role of medical psychology in medicine definition and aims.
- 2. Definition of the disease; the sick and the society.
- 3. Stigma, prejudice and discrimination.
- 4. Psychological functions.
- 5. Individuals and his environment man as a biopsychological being.
- 6. Development and structure of personality.
- 7. Defense mechanisms.
- 8. Mental mechanisms and their role aggression and anxiety
- 9. Stress and somatic diseases; behavuioral diseases.
- 10. Patient physician relation.
- 11. Children and adolescents as patients.
- 12. Adulthood and disease; psychological aspects of pregnancy and delivery; job.
- 13. The aged and diseases.
- 14. Psychological aspects of hospitaliyation.
- 15. Persons with special needs relation with other physical or mental diseases.
- 16. Family medicine family physicians, teamwork.
- 17. About death band dying; terminal states, psychosocial aspects of loss.

Practical education: exercises, other forms of education, research related activities

- 1. Communication of physicians/ health professionals with patients workshop
- 2. Health and disease workshop
- 3. Communication, empathy, professional attitude workshop
- 4. Approach to anxious and aggressive patients
- 5. Informing patients and their families on diseases
- 6. Communication of the family physicians with members of the family
- 7. Preparation of patients for diagnostic and therapeutic procedures
- 8. Relationships and communication within the team -workshop

Literature

Compulsory

1. Friedman H.S. The Oxford Handbook of Health Psychology. Oxford University Press. 2011.

Additional

Number of active	Other:			
Lectures:	Practice:	Other types of teaching:	Research related activities:	
30	15			

Teaching methods

Lectures, practical work

Student activity assessment (maximally 100 points)						
Pre-exam activities	points	Final exam	points			
Lectures	10	Written	70			
Practices	20	Oral				
Colloquium						

Essay		